



1971 In-House TV Schedule April 13 to 19, 2026

Monday, April 13, 2026

9:00 AM - 9:20 AM:	Tai Chi
10:00 AM - 10:25 AM:	20 Minute Senior Workout
10:30 AM - 10:45 AM:	Sciatica In Seniors: How to Get Relief
11:00 AM - 11:30 AM:	Chair Yoga
12:30 PM - 1:30 PM:	Jackson Browne - In Concert 1978
1:30 PM - 1:50 PM:	TED Talk - Epigenetics - Our Bodies' Way to Change
2:00 PM - 3:30 PM:	Pastor Chris Franz
3:30 PM - 4:30 PM:	Selections from Operas and Musicals
4:30 PM - 5:30 PM:	100 Forgotten Memories of Life in 1950s America
5:30 PM - 6:50 PM:	Diana Krall - Full Concert
7:00 PM - 7:30 PM:	WHYY- You Oughta Know Episode 607
7:30 PM - 9:25 PM:	The Gilded Age American Experience

Tuesday, April 14, 2026

9:00 AM - 9:35 AM:	30 Minute Senior Workout
10:00 AM - 10:10 AM:	Balance - II
10:30 AM - 10:45 AM:	Sciatica In Seniors: How to Get Relief
11:00 AM - 11:35 AM:	Low Impact Exercise
12:30 PM - 1:50 PM:	Diana Krall - Full Concert
2:00 PM - 2:20 PM:	TED Talk - Epigenetics - Our Bodies' Way to Change
2:30 PM - 4:25 PM:	The Gilded Age American Experience
4:30 PM - 5:30 PM:	Jackson Browne - In Concert 1978
5:30 PM - 6:05 PM:	Mental Health Counseling
6:30 PM - 7:30 PM:	100 Forgotten Memories of Life in 1950s America
7:30 PM - 10:30 PM:	Movie - The Band Wagon - 1952

Wednesday, April 15, 2026

9:00 AM - 9:20 AM:	Tai Chi
10:00 AM - 10:25 AM:	20 Minute Senior Workout
10:30 AM - 10:45 AM:	Sciatica In Seniors: How to Get Relief
11:00 AM - 11:30 AM:	Balance
12:30 PM - 1:30 PM:	Selections from Operas and Musicals
1:30 PM - 2:30 PM:	100 Forgotten Memories of Life in 1950s America
2:30 PM - 3:30 PM:	Jackson Browne - In Concert 1978
3:30 PM - 4:05 PM:	Mental Health Counseling
4:30 PM - 4:50 PM:	TED Talk - Epigenetics - Our Bodies' Way to Change
5:00 PM - 6:55 PM:	The Gilded Age American Experience
7:00 PM - 7:30 PM:	WHYY- You Oughta Know Episode 607
7:30 PM - 8:50 PM:	Diana Krall - Full Concert

Thursday, April 16, 2026

9:00 AM - 9:35 AM:	Low Impact Exercise
10:00 AM - 10:10 AM:	Balance - II
10:30 AM - 10:45 AM:	Sciatica In Seniors: How to Get Relief
11:00 AM - 11:35 AM:	30 Minute Senior Workout
12:30 PM - 1:00 PM:	WHYY- You Oughta Know Episode 607



1971 In-House TV Schedule April 13 to 19, 2026

1:00 PM - 2:55 PM: The Gilded Age| American Experience
3:00 PM - 4:20 PM: Diana Krall - Full Concert
4:30 PM - 5:05 PM: Mental Health Counseling
5:30 PM - 6:30 PM: Jackson Browne - In Concert 1978
6:30 PM - 6:50 PM: TED Talk - Epigenetics - Our Bodies' Way to Change
7:00 PM - 8:00 PM: Selections from Operas and Musicals
8:00 PM - 9:00 PM: 100 Forgotten Memories of Life in 1950s America
9:00 PM - 9:30 PM: WHYY- You Oughta Know Episode 607

Friday, April 17, 2026

9:00 AM - 9:20 AM: Tai Chi
10:00 AM - 10:25 AM: 20 Minute Senior Workout
10:30 AM - 10:45 AM: Sciatica In Seniors: How to Get Relief
11:00 AM - 11:30 AM: Chair Yoga
12:30 PM - 1:55 PM: Village Meeting 4/16
2:00 PM - 3:00 PM: Jackson Browne - In Concert 1978
3:00 PM - 3:30 PM: WHYY- You Oughta Know Episode 607
3:30 PM - 5:25 PM: The Gilded Age| American Experience
5:30 PM - 6:50 PM: Diana Krall - Full Concert
7:00 PM - 7:15 PM: Torah Reading
7:30 PM - 10:30 PM: Movie - The Legend of Zorro - 2005

Saturday, April 18, 2026

9:00 AM - 9:35 AM: 30 Minute Senior Workout
10:30 AM - 10:45 AM: Sciatica In Seniors: How to Get Relief
11:00 AM - 11:30 AM: Balance
12:30 PM - 1:30 PM: 100 Forgotten Memories of Life in 1950s America
1:30 PM - 1:50 PM: TED Talk - Epigenetics - Our Bodies' Way to Change
2:00 PM - 3:20 PM: Diana Krall - Full Concert
3:30 PM - 4:55 PM: Village Meeting
5:00 PM - 6:00 PM: Selections from Operas and Musicals
6:00 PM - 6:30 PM: WHYY- You Oughta Know Episode 607
6:30 PM - 7:30 PM: Jackson Browne - In Concert 1978
7:30 PM - 9:25 PM: The Gilded Age| American Experience

Sunday, April 19, 2026

9:00 AM - 9:25 AM: 20 Minute Senior Workout
10:30 AM - 10:45 AM: Sciatica In Seniors: How to Get Relief
11:00 AM - 11:30 AM: Chair Yoga
12:30 PM - 1:50 PM: Diana Krall - Full Concert
2:00 PM - 3:00 PM: 100 Forgotten Memories of Life in 1950s America
3:00 PM - 3:20 PM: TED Talk - Epigenetics - Our Bodies' Way to Change
3:30 PM - 4:30 PM: Selections from Operas and Musicals
4:30 PM - 6:00 PM: Pastor Chris Franz
6:00 PM - 7:55 PM: The Gilded Age| American Experience
8:00 PM - 9:25 PM: Village Meeting 04/16